



DaVinci®

Laboratories
of Vermont

Innovative by nature

COCOA CAL MAG™

- **A calcium, magnesium, and D3 supplement to support bone function.***

- **Cocoa Cal Mag™** is a delicious natural cocoa and chocolate cream flavor chewable tablet.

- **Cocoa Cal Mag™** contains a 2 to 1 ratio of calcium to magnesium with 500 IU of vitamin D3 in each tablet.

- **Why take calcium:**

- Most abundant mineral in the body
- Makes up 2% of body weight
- 80% of all American women are deficient
- It's involved in the transmission of nerve impulses, muscle contractions (including the heart muscle), blood clotting, cholesterol management, proper sleep and for maintaining strong bones and teeth.

- **About Vitamin D3:**

- Promotes bone health and calcium balance.
- A deficiency can inhibit the body's ability to absorb calcium and magnesium

- **Factors that lead to calcium deficiency:**

- Poor eating habits
- Lack of exercise
- Large intake of dietary fats
- Phytic acid (found in wheat bran)
- Excessive intake of phosphorus from soft drinks and junk food
- Emotional and physical stress

- **Signs of calcium deficiency include:**

- Irritability
- Nervousness
- Muscle cramping
- Fatigue
- Insomnia
- Twitching and jerking of the major or minor muscles
- Low bone density

- **Recommended daily allowance:**

- The RDA for calcium for adults is from 800 to 1,200 mg.
- Most nutritionists recommend 1,000 to 1,500 mg daily for women, long before the start of menopause to prevent calcium deficiency.

- **Cocoa Cal Mag™** is a tasty and convenient way to increase your calcium intake and keep your bones strong.*

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving

Calories	8
Calories from fat	0
Total Carbohydrates	2.5 g
Sugars	1.5 g
Vitamin D3 (cholecalciferol)	500 IU
Calcium (Ca Carbonate & Ca AAC)	500 mg
Magnesium (Mg Oxide, Mg AAC & Mg Carbonate)	250 mg

Other Ingredients: organic evaporated cane juice powder, natural cocoa, stearic acid, natural chocolate cream flavor, magnesium stearate.

- **Contains: Soy.**

Warning: If you are pregnant or nursing, consult your health care practitioner before taking this or any nutritional product.

- **Suggested Use:** As a dietary supplement, chew 1 tablet, twice daily, or as directed by your health care practitioner.

- **Sold Exclusively Through Health Care Practitioners.**

0200466.060 (60 Tablets)

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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