



DaVinci®

Laboratories
of Vermont

Innovative by nature

DHEA

- **A dietary supplement to help maintain normal levels of the DHEA hormone.***
- **DHEA** is an important adrenal hormone that supports healthy aging.* **DHEA** levels decline with age and adrenal stress. **DHEA** supports immune system and thyroid function, as well as memory and energy function.*

About DHEA (Dehydroepiandrosterone)

- **DHEA** is a steroid hormone produced from cholesterol by the adrenal glands. It is the most abundant steroid in the bloodstream and is present at even higher levels in brain tissue.
- **DHEA** is a precursor to many steroid sex hormones, including estrogen and testosterone. With age, DHEA production declines usually peaking between the ages of 25-30 and gradually falling to a decline of 90% by age 60.

How DHEA works

- DHEA seems to support IGF-1 levels (insulin growth factor) and support decreased levels of cortisol.* IGF-1 is the hormone or growth stimulating metabolite produced by the metabolism of HGH, and is responsible for the beneficial effects of elevated human growth hormone. Cortisol is a stress hormone (HGH). With aging there is a decline in DHEA and an elevation of cortisol. High and prolonged levels of cortisol in the bloodstream (like those associated with chronic stress) have been shown to have negative effects such as:
 - Impaired cognitive performance and suppressed thyroid function
 - Blood sugar imbalances
 - Decreased bone density and a decrease in muscle tissue
 - Higher blood pressure and lowered immunity
- Elevating DHEA levels is a way to help manage high cortisol levels and improve IGF-1 production.*
- **Studies have shown that supplementing with DHEA may benefit:**
 - the immune system*
 - blood sugar metabolism and weight management*
 - brain and bone health*
 - heart health*
 - estrogen and testosterone levels*

- **Factors that contribute to low DHEA levels include:**
 - Aging, Sugar, Nicotine
 - Caffeine, Alcohol, Nutritional imbalance
 - A vegetarian diet low in cholesterol and healthy fats
- DHEA from DaVinci® Laboratories is available in 5, 10 and 25 mgs.

DHEA 5 mg
Supplements Facts
Serving Size: 1 Capsule
Amount Per Serving
DHEA (micronized) 5 mg

Other ingredients: vegetable cellulose (capsule), vegetable stearate.

DHEA 10 mg
Supplements Facts
Serving Size: 1 Capsule
Amount Per Serving
DHEA (micronized) 10 mg

Other ingredients: vegetable cellulose (capsule), vegetable stearate.

DHEA 25 mg
Supplements Facts
Serving Size: 1 Capsule
Amount Per Serving
DHEA (micronized) 25 mg

Other ingredients: vegetable cellulose (capsule), vegetable stearate.

Warning: If you are pregnant, nursing, have hormone related cancer, taking benzodiazepines or related CNS active drugs or are taking thyroid hormone medication do not take this product without consulting your health care professional first.

- **Suggested Use:** As a dietary supplement, take 1 capsule 3 times daily, or as directed by your health care practitioner.

Sold Exclusively Through Health Care Practitioners.

0200471.090 (90 vegetarian capsules) - 5 mg
0200493.090 (90 vegetarian capsules) - 10 mg
0200498.090 (90 vegetarian capsules) - 25 mg

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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