



DaVinci®

Laboratories
of Vermont

Innovative by nature

FOLIC ACID

- **A dietary supplement containing 800 mcg of Folic Acid.**

- Folic Acid is a B vitamin that is important for cell division and is also needed for protein metabolism and repair of RNA and DNA.*

- Folic Acid also plays an important role in pregnancy.* Folic Acid supplementation is recommended during pregnancy to prevent the fetus from neural tube defects.* It can also help support plasma and red blood cell folate concentrations and reduces the risk of folate deficiency.* Folate deficiencies have been associated with recurrent spontaneous pregnancy loss.

- Folic Acid supports nerve and cardiovascular health.* Folic Acid and Vitamin B12 are needed for the formation of red blood cells to help increase capillary blood flow.* Folate is the key transferring agent in the transmethylation process and is necessary to turn homocysteine into methionine, which allows the body to recycle or remove homocysteine as needed.*

- Folic acid also helps in the metabolism of the amino acids used by the brain.* Research shows that supplementation with folic acid may improve symptoms associated with mental focus and hyperactivity.*

- Folic acid is important in maintaining gingival health.*

Supplement Facts Panel

Serving Size: 1 Capsule

Amount Per Serving

Folic Acid	800 mcg
------------	---------

Other ingredients: microcrystalline cellulose, vegetable cellulose, vegetable stearate.

Warning: If you are pregnant or nursing, consult your health care practitioner before taking this or any nutritional product.

- **Suggested Use:** As a dietary supplement, take 1 capsule daily, or as directed by your health care practitioner.

0200123.060 (60 Vegetarian Capsules)

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Copyright© 2009 by DaVinci® Laboratories of Vermont. All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise, without prior written permission of the copyright owner.

WEB: www.davincilabs.com E-MAIL: info@davincilabs.com PHONE: 1-800-325-1776 FAX: 1-802-878-0549