



DaVinci®

Laboratories  
of Vermont

**Innovative** by nature

## L-THEANINE

- **L-Theanine is a dietary supplement that helps promote a restful state.\***

### Recommended for:

- Stress Management\*
- Relaxation\*
- Reducing irritability\*

### About L-Theanine

- **L-Theanine** is a naturally occurring amino acid found in green tea and is a derivative of glutamic acid, a major neurotransmitter in the brain.
- **L-Theanine** is known for its calming effects in the brain and has been shown to support concentration and focus while it reduces irritability and low mood states.\* It directly stimulates production of alpha brain waves, giving the body a sense of deep relaxation and mental alertness without drowsiness.\*
- **L-Theanine** enables the body to produce other calming amino acids, such as dopamine, GABA and Tryptophan and helps with concentration, focus, deep muscle relaxation and improved quality sleep.\*
- **L-Theanine** has been shown to also help the regulation of blood pressure within normal ranges.\* L-Theanine produces beneficial effects on the nervous and cardiovascular systems.\*
- **L-Theanine** from DaVinci® Laboratories is Suntheanine® brand from Taiyo International, Inc. which has been extensively researched. Research studies on Suntheanine® include reducing stress and irritability, promoting relaxation, sleep quality, learning and concentration.\*

- Suntheanine® brand L-Theanine is structurally identical to the L -Theanine compound naturally found in green tea. It should be noted however, that all research mentioned was conducted using Suntheanine® brand (100% pure L-Theanine) and not L-Theanine from Green Tea Extract.

- **L-Theanine** can be used daily or just when you need to relax.\*

- **L-Theanine** from Suntheanine® supports relaxation without causing drowsiness.\*

- Each vegetarian capsule provides 200 mg of 100% pure L-Theanine.

### Supplement Facts

#### Amount per Capsule

L-Theanine	200 mg
(Suntheanine® brand)	

Other Ingredients: rice flour, vegetable cellulose, vegetable stearate.

- **Warning:** If you are pregnant or nursing, consult your health care practitioner before taking this or any nutritional product.
- **Suggested Use:** As a dietary supplement, take one capsule daily, or as directed by your health care practitioner.

Suntheanine® L-Theanine is patented and licensed by Taiyo International, Inc.

**Sold Exclusively Through Health Care Practitioners.**

0200132.030 (30 Vegetarian Capsules)  
0200132.060 (60 Vegetarian Capsules)

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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