



DaVinci<sup>®</sup>  
*Laboratories  
of Vermont*

**Innovative** by nature

# NIACINAMIDE

**Niacinamide** is a dietary supplement for proper energy production and fat metabolism.

**Niacinamide** provides 500 mg per tablet.

**Niacinamide** provides vitamin B-3 (niacin) in a non-flushing form. It is specially formulated to eliminate flushing and potential skin irritation.

## **Vitamin B3 (Niacin, Nicotinic Acid, Niacinamide)**

Niacin, or Vitamin B-3, is necessary for normal breakdown of fats and fatty acids and the release of energy from carbohydrates. It is also needed for proper circulation and healthy skin.\* It aids in the functioning of the nervous system; in the metabolism of carbohydrates, fats, and proteins; and in the production of hydrochloric acid for the digestive system.\* It is involved in the normal secretion of bile and stomach fluids, and in the synthesis of sex hormones. It also supports those with age-related cognitive decline.\*

## **What is the difference between niacin and niacinamide (nicotinamide)?**

Niacin is a member of the Vitamin B family. It is sometimes referred to as Vitamin B3. The term niacin is used in two different ways. As a collective term, it refers to both nicotinic acid and niacinamide. Nicotinic acid and nicotinamide have identical vitamin activities, but very different in pharmacological activities.

Niacin and niacinamide are required by all living cells. They are essential component of two coenzymes, niacinamide adenine dinucleotide (NAD), and niacinamide adenine dinucleotide phosphate (NADP). More than 40 biochemical reactions dependent on them have been identified. The major function is removal of hydrogen from certain substrates and the transfer of hydrogen to another coenzyme. Reactions in which NAD and NADP are involved include the metabolism of carbohydrates, lipids and proteins.

## **Supplement Facts**

**Serving Size: 1 Tablet**

### **Amount Per Serving**

Niacinamide	500 mg
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Other Ingredients: cellulose, vegetable stearate, stearic acid, croscarmellose sodium, silica.

**Warning:** If you are pregnant or nursing, consult your health care practitioner before taking this or any nutritional product.

- **Suggested Use:** As a dietary supplement, take 1 tablet, daily preferably at mealtime, or as directed by your health care practitioner.

**Sold Exclusively Through Health Care Practitioners.**

0200125.100 (100 Tablets)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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