

DaVinci®

Laboratories  
of Vermont

**Innovative** by nature

# SPECTRA™ w/o COPPER & IRON

**Spectra™ w/o Copper & Iron** is a high potency, well balanced, vegetarian, vitamin mineral supplement for adults ages 17 and older.

**Spectra™ w/o Copper & Iron** delivers 53 nutrients that take the guess work out of daily supplementation.

**Important features include:**

- **A balanced B Complex** including 2 forms of vitamin B6 to help manage stress, support immune system function, help reduce irritability, support circulation, help maintain blood pressure within normal ranges, and preserve proper cholesterol and homocysteine levels.\*
- **Antioxidants** like Beta-carotene, mixed citrus bioflavonoids, Vitamin C, Vitamin E and the mineral selenium to support immune system response\*
- **Amino Acids** like L-Glutamine, DL-Methionine, L-Aspartic Acid, and L-Cysteine for mental and physical energy\*
- **Linoleic acid** (omega 6 fatty acid) to support cell membrane health.\*
- **Natural Vitamin E** in its most active form.
- **Octacosanol** to benefit nerve health and support increased stamina, endurance and strength.\*
- **Vegetarian digestive enzymes** to aid the body in digesting and absorbing food nutrients that are not easily assimilated, and to enhance the absorption and utilization of all the nutrients contained within the formula.\*
- **Vitamin C** in the Ascorbate form for immediate assimilation and to prevent stomach irritation.\*

**Supplement Facts**

**Serving Size: 2 Tablets**

**Amount Per Serving**

Vitamin A (2,000 IU as vitamin A acetate 7,500 IU as beta-carotene)	9,500 IU
Vitamin C (as Ascorbic Acid and Calcium Ascorbate)	500 mg
Vitamin D3 (cholecalciferol)	200 IU
Vitamin E (as d-alpha tocopheryl succinate)	200 IU
Vitamin K	2.5 mcg
Thiamin (Vitamin B1)	35 mg
Riboflavin (Vitamin B2)	35 mg
Niacin (and as niacinamide)	35 mg
Vitamin B6	35 mg
Folic Acid	200 mcg
Vitamin B12	35 mcg
Biotin	150 mcg
Pantothenic Acid	35 mg
Calcium	300 mg
Phosphorus	180 mg
Iodine (from kelp)	35 mcg
Magnesium	180 mg
Zinc	10 mg
Selenium	25 mcg
Manganese	2.5 mg

Chromium	25 mcg
Molybdenum	25 mcg
Potassium	25 mg
Boron	0.5 mg
Nickel	0.25 mcg
Silicon (Horse Tail Rush)	3 mg
Vanadium	10 mcg
Choline	35 mg
Inositol	35 mg
PABA (para-aminobenzoic acid)	35 mg
L-Cysteine	50 mg
L-Glutamine	50 mg
DL-Methionine	50 mg
L-Aspartic Acid	75 mg
Octacosanol	500 mcg
Soy Lecithin	50 mg
Linoleic Acid	50 mg
RNA (ribonucleic acid)	5 mg
Mixed Citrus Bioflavonoids	100 mg
Hesperidin	12.5 mg
Rutin	12.5 mg
Pectin	12.5 mg
Betaine HCl	10 mg
Bromelain	2 mg
Papain	2 mg
Cellulase Enzymes	2 mg
Enzopharm® Plus	8 mg

A proprietary blend of vegetarian enzymes: amylase, protease, lipase, hemicellulase, and lactase.

Other ingredients: calcium carbonate, dicalcium phosphate, magnesium oxide, calcium pantothenate, potassium citrate, stearic acid, cellulose, vegetable stearate, zinc gluconate, silica, manganese gluconate, amino acid chelates (boron, selenium, molybdenum, nickel), chromium polynicotinate, vanadium sulfate.

- **Contains: Soy.**

**Warning:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under the age of 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

- **Note:** If you are a woman who wants a multiple without Vitamin A, ask about Spectra™ Woman, a formula designed exclusively for women of childbearing years.
- **Suggested Use:** As a dietary supplement, take 2 tablets with breakfast and 2 tablets with lunch, or as directed by your health care practitioner.
- **Sold Exclusively Through Health Care Practitioners.**

0200193.120 (120 Tablets)  
0200193.240 (240 Tablets)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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