

DaVinci®

Laboratories
of Vermont

Innovative by nature

SPECTRA™ w/o COPPER & IRON

Spectra™ w/o Copper & Iron is a high potency, well balanced, vitamin mineral supplement for adults ages 17 and older.

Spectra™ w/o Copper & Iron delivers 53 nutrients that take the guess work out of daily supplementation.

Important features include:

- **A balanced B Complex** including 2 forms of vitamin B6 to help manage stress, support immune system function, help reduce irritability, support circulation, help maintain blood pressure within normal ranges, and preserve proper cholesterol and homocysteine levels.*
- **Antioxidants** like Beta-carotene, mixed citrus bioflavonoids, Vitamin C, Vitamin E and the mineral selenium to support immune system response*
- **Amino Acids** like L-Glutamine, DL-Methionine, L-Aspartic Acid, and L-Cysteine for mental and physical energy*
- **Linoleic acid** (omega 6 fatty acid) to support cell membrane health.*
- **Natural Vitamin E** in its most active form.
- **Octacosanol** to benefit nerve health and support increased stamina, endurance and strength.*
- **Vegetarian digestive enzymes** to aid the body in digesting and absorbing food nutrients that are not easily assimilated, and to enhance the absorption and utilization of all the nutrients contained within the formula.*
- **Vitamin C** in the Ascorbate form for immediate assimilation and to prevent stomach irritation.*

Supplement Facts

Serving Size: 2 Tablets

Amount Per Serving

| | |
|---|----------|
| Vitamin A (2,000 IU as Vitamin A Acetate and 7,500 IU as Beta Carotene) | 9,500 IU |
| Vitamin C (as Ascorbic Acid & Ca Ascorbate) | 500 mg |
| Vitamin D3 (as Cholecalciferol) | 200 IU |
| Vitamin E (as d-alpha Tocopheryl Succinate) | 200 IU |
| Vitamin K1 (as Phytonadione) | 2.5 mcg |
| Thiamin (Vitamin B1) | 35 mg |
| Riboflavin (Vitamin B2) | 35 mg |
| Niacin (as Niacinamide & Niacin) | 35 mg |
| Vitamin B6 (as Pyridoxine HCl) | 35 mg |
| Folic Acid | 200 mcg |
| Vitamin B12 (as Cyanocobalamin) | 35 mcg |
| Biotin | 150 mcg |
| Pantothenic Acid (as Ca Pantothenate) | 35 mg |
| Calcium (as DCP & Ca Carbonate) | 300 mg |
| Phosphorus (as Dicalcium Phosphate) | 180 mg |
| Iodine (from Kelp) | 35 mcg |
| Magnesium (as Mg Oxide) | 180 mg |
| Zinc (as Zn Gluconate) | 10 mg |
| Selenium (as Se AAC) | 25 mcg |
| Manganese (as Mn Gluconate) | 2.5 mg |

| | |
|---|----------|
| Chromium (as Cr Polynicotinate)† | 25 mcg |
| Molybdenum (as Mo AAC) | 25 mcg |
| Potassium (as K Citrate) | 25 mg |
| Boron (as B AAC) | 0.5 mg |
| Nickel (as Ni AAC) | 0.25 mcg |
| Silicon (from Horsetail Rush) | 3 mg |
| Vanadium (as V Sulfate) | 10 mcg |
| Choline (as Choline Citrate) | 35 mg |
| Inositol | 35 mg |
| PABA (Para-aminobenzoic Acid) | 35 mg |
| L-Cysteine | 50 mg |
| L-Glutamine | 50 mg |
| DL-Methionine | 50 mg |
| L-Aspartic Acid | 75 mg |
| Octacosanol (from sugar cane) | 500 mcg |
| Soy Lecithin | 50 mg |
| Linoleic Acid | 50 mg |
| RNA (Ribonucleic Acid) | 5 mg |
| Mixed Citrus Bioflavonoids | 100 mg |
| Hesperidin | 12.5 mg |
| Rutin | 12.5 mg |
| Pectin | 12.5 mg |
| Betaine HCl | 10 mg |
| Bromelain | 2 mg |
| Papain | 2 mg |
| Cellulase Enzymes | 2 mg |
| A proprietary blend of vegetarian enzymes (amylase, protease, lipase, hemicellulase, and lactase) | 8 mg |

†ChromeMate® brand niacin-bound chromium.

Other ingredients: stearic acid, cellulose, vegetable stearate, silica, pharmaceutical glaze.

- **Contains: Soy.**

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under the age of 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

- **Note:** If you are a woman who wants a multiple without Vitamin A, ask about Spectra™ Woman, a formula designed exclusively for women of childbearing years.

- **Suggested Use:** As a dietary supplement, take 2 tablets with breakfast and 2 tablets with lunch, or as directed by your healthcare practitioner.

ChromeMate® is a registered trademark of InterHealth N.I.

CHROME MATE®

- **Sold Exclusively Through Healthcare Practitioners.**

0200193.120 (120 Tablets)
0200193.240 (240 Tablets)

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Copyright© 2009 by DaVinci® Laboratories of Vermont. All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise, without prior written permission of the copyright owner.

WEB: www.davincilabs.com E-MAIL: info@davincilabs.com PHONE: 1-800-325-1776 FAX: 1-802-878-0549