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by nature

PRIVATE LABEL

OUR BRAND OR YOURS.

SPECTRA™

Spectra™ is a high potency, well balanced vitamin mineral supplement for adults ages 17 and older.

Spectra™ delivers 53 nutrients that take the guesswork out of daily supplementation.

Important features include:

- **A balanced B Complex** including two forms of Vitamin B6 to help manage stress, support immune system function, help reduce irritability, support circulation, help maintain blood pressure within normal ranges, and preserve proper cholesterol and homocysteine levels.*
- **Antioxidants** like Beta carotene, mixed citrus bioflavonoids, Vitamin C, Vitamin E and the mineral selenium to support immune system response.*
- **Amino Acids** like L-Glutamine, DL-Methionine, L-Aspartic Acid and L-Cysteine for mental and physical energy.*
- **Linoleic acid** (omega 6 fatty acid) to support cell membrane health.*
- **Natural Vitamin E** in its most active form.
- **Octacosanol** to benefit nerve health and support increased stamina, endurance and strength.*
- **Digestive enzymes** to aid the body in digesting and absorbing food nutrients that are not easily assimilated, and to enhance the absorption and utilization of all the nutrients contained within the formula.*
- **Vitamin C** in the Ascorbate form for immediate assimilation and to prevent stomach irritation.*

Supplement Facts
Serving Size 2 Tablets
Amount Per Serving

Vitamin A	9,500 IU
(7,500 IU as beta carotene & 2,000 IU as Vitamin A Palmitate)	
Vitamin C (as Ascorbate Acid and Calcium Ascorbate)	500 mg
Vitamin D3 (as Cholecalciferol)	200 IU
Vitamin E (as d-alpha tocopheryl succinate)	200 IU
Vitamin K1 (as Phytonadione)	2.5 mcg
Thiamin	35 mg
Riboflavin	35 mg
Niacin (as Niacinamide & Niacin)	35 mg
Vitamin B6 (as Pyridoxine HCl & P-5-P)	35 mg
Folic Acid	200 mcg
Vitamin B12 (as Methylcobalamin)	35 mcg
Biotin	150 mcg
Pantothenic Acid (as Ca Pantothenate)	35 mg
Calcium (as Ca Carbonate & Ca Citrate)	300 mg
Iron (as Fe Aspartate, Glycinate & Fumarate)	5 mg
Iodine (from kelp)	35 mcg
Magnesium (as Mg Oxide)	180 mg
Zinc (as Zn Gluconate)	10 mg
Selenium (as Se AAC & Selenomethionine)	25 mcg
Copper (as CU AAC)	0.025 mg
Manganese (as Mn Gluconate)	2.5 mg
Chromium (as Cr Polynicotinate)†	25 mcg
Molybdenum (as Mo AAC)	25 mcg
Potassium (as K Citrate)	25 mg
Boron (as B AAC)	0.5 mg
Nickel (as Ni Sulfate)	0.25 mcg
Silicon (from Horsetail Rush)	3 mg

Vanadium (as V Sulfate)	10 mcg
Choline (as Choline Citrate)	35 mg
Inositol	35 mg
PABA (Para-aminobenzoic acid)	35 mg
L-Cysteine (enteric coated)	50 mg
L-Glutamine	50 mg
DL-Methionine (enteric coated)	50 mg
L-Aspartic Acid	75 mg
Octacosanol (from sugar cane)	500 mcg
Soy Lecithin	50 mg
Linoleic Acid	50 mg
RNA (ribonucleic acid)	5 mg
Mixed Citrus Bioflavonoids	100 mg
Hesperidin	12.5 mg
Rutin	12.5 mg
Pectin	12.5 mg
Betaine HCl	10 mg
Bromelain	2 mg
Papain	2 mg
Cellulase Enzymes	2 mg
A proprietary blend of vegetarian enzymes: Including Amylase, Protease, Lipase, Hemicellulase and Lactase	8 mg

†ChromeMate® brand niacin-bound chromium.
Other ingredients: stearic acid, cellulose, croscarmellose sodium, vegetable stearate, silicon dioxide, pharmaceutical glaze.

Contains: Soy.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under the age of 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Spectra™ is also available in a Copper and Iron free formula.

Note: If you are a woman who wants a multiple without Vitamin A, ask about Spectra™ Woman, a formula designed exclusively for women of childbearing years.

Suggested Use: As a dietary supplement, take 2 tablets with breakfast and 2 tablets with lunch, or as directed by your healthcare practitioner.



ChromeMate® is a Registered Trademark of InterHealth N.I.

Sold Exclusively Through Healthcare Practitioners.

0200185.120 (120 Tablets)
0200185.240 (240 Tablets)

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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