



Innovative
by nature

PRIVATE LABEL

OUR BRAND OR YOURS.

METABOLIC MULTI

A vegetarian, gluten free multivitamin and mineral supplement that supports healthy metabolism and energy levels.*

Metabolic Multi Supports a wide range of metabolic health factors, including those factors that contribute to Metabolic Syndrome (MetS).*

Meriva®

The formula also includes Meriva®, which has been extensively studied for its impact on antioxidant activity.¹

Aside from supporting antioxidant capacity, Meriva® is also connected to other supportive properties, including joint health, delayed onsets muscle soreness and immune function.²

Defense against oxidative stress*

GreenSelect® Green Tea Phytosome™, vitamin D, and our standard mineral and vitamin antioxidants all provide free-radical scavenging support.* In fact, GreenSelect® Green Tea Phytosome has been extensively studied for its antioxidant activity and for weight loss support.* A 20% increase of the antioxidative capacity was observed in volunteers treated with GreenSelect® Phytosome™.³

GreenSelect® has also been studied with respect to its effects on MetS and body composition, in conjunction with diet and lifestyle changes. In two clinical trials, GreenSelect® exhibited beneficial activity regarding metabolic health markers.*^{4,5}

It also supports thermogenesis.*

Cardiovascular health*

Metabolic Multi provides varied nutrients to support cardiovascular health and cholesterol levels within normal ranges, including trans resveratrol, Purple Tea with GHG™ (formulated with extra high levels of anthocyanins), choline, and Quatrefolic® folic acid (a more stable, bioactive form of folate).* Benfotiamine is a lipid soluble form of thiamine with antioxidant value which helps support vascular integrity.*

Purple Tea with GHG™ has added supportive benefits of weight management and skin health.* It has been shown in two small, open-label human clinical studies to support weight loss, body composition and collagen in the dermis.* Research currently suggests that these polyphenols may support normal pancreatic lipase activity and help support normal fat absorption and healthy fat metabolism.^{6,7}

Metabolic Support & Insulin Utilization*

- L-carnosine, berberine, benfotiamine and taurine help to support normal regulation of macronutrient metabolism.* Berberine, Cinnamon, R-lipoic acid and trans resveratrol supports normal insulin utilization.*

Bone health*

- Vitamin D and vitamin K2 as MK-7 support bone health and metabolism*

Eye health*

- Lutein, lycopene and zeaxanthin provide support for ocular health.*

Nervous system function*

- Bioactive B vitamins provide nerve health support*

Why do we choose Phytosome™ technology?

Phytosome Complexes bind an herbal extract to a phospholipid – in our case it's phosphatidylcholine, a principal element of cell membranes. This unique Phytosome™ Complex easily crosses the gut barrier, resulting in significantly higher blood levels of the ingredients they are attached to. The complex improves the bioavailability of the natural molecules and stabilizes them at intestinal pH values.

Metabolic Multi provides biologically active forms of many important ingredients, making it a perfect choice for patients with GI dysfunction.*

Supplement Facts

Serving Size 6 Capsules

Amount Per Serving:

Vitamin A (as 50% Retinyl Acetate, 50% Beta Carotene)	3,500 IU
Vitamin C (as Ca Ascorbate & Ascorbyl Palmitate)	620 mg
Vitamin D3 (as Cholecalciferol)	2,000 IU
Vitamin E (as d-alpha Tocopheryl Succinate)	100 IU
Vitamin K2 (as Menaquinone-7)	100 mcg
Thiamine (as Thiamine HCl)	25 mg
Riboflavin (as Riboflavin & Riboflavin 5-Phosphate)	37.5 mg
Niacin (as Niacinamide)	75 mg
Vitamin B6 (as Pyridoxal 5-Phosphate & Pyridoxine HCl)	25 mg
Folate (as [6S]-5-methyltetrahydrofolic acid	

from 1,600 mcg of Quatrefolic® [6S]-5-methyltetrahydrofolic acid, glucosamine salt)

Vitamin B12 (as methylcobalamin)	800 mcg
Biotin	500 mcg
Pantothenic Acid (as Ca Pantothenate)	3000 mcg
Calcium (as Ca Citrate)	50 mg
Iodine (as K Iodide)	150 mg
Magnesium (as Mg Citrate)	200 mcg
Zinc (as Zn Citrate)	150 mg
Selenium (as Selenomethionine)	15 mg
Copper (as TRAACS® Copper Bisglycinate Chelate)	70 mcg
Manganese (as Mn Citrate)	2 mg
Chromium (as Cr Polynicotinate)†	2000 mcg
Potassium (as K Citrate)	400 mcg
Taurine	50 mg
R-Alpha Lipoic Acid (Sodium Salt)	300 mg
Inositol	150 mg
Berberine HCl	125 mg
Choline (as Choline Bitartrate)	100 mg
Cinnamon (<i>Cinnamomum cassia</i>) Dried Bark Extract (10:1)	100 mg
GreenSelect® Green Tea Phytosome®	
(<i>Camellia sinensis</i> leaf extract/Phosphatidylcholine complex)	100 mg
Benfotiamine	50 mg
Meriva® (<i>Curcuma longa</i> root extract/Phosphatidylcholine complex)	50 mg
L-Carnosine	50 mg
Alluvia™ Purple Tea (<i>Camellia sinensis</i>) Leaf Extract (Standardized to 3% GHG™)	25 mg
Trans resveratrol (from <i>Polygonum cuspidatum</i>)	25 mg
Lutein	6 mg
Boron (as B Glycinate)	2 mg
Lycopene	1.25 mg
Zeaxanthin	1 mg
Vanadium (as bis-glycinato oxo vanadium)	100 mcg

†ChromeMate® brand niacin-bound chromium.

Other ingredients: vegetable cellulose (capsule), microcrystalline cellulose, vegetarian leucine.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Suggested Use: As a dietary supplement, take 6 capsules daily, in divided doses with food, or as directed by your healthcare practitioner.

¹Cuomo, J., et al., Comparative absorption of a standardized curcumin mixture and its lecithin formulation. J Nat Prod, 2011. 74(4): p. 664-9.

²Togni S, Appendino G. Curcumin and Joint Health: From Traditional Knowledge to Clinical Validation (2013) Bioactive Food As Dietary Interventions for Arthritis and Related Inflammatory Diseases

³Pietta, P., Simonetti, P., Gardana, C., Brusamolino, A., Morazzoni, P., & Bombardelli, E. (1998). Relationship between rate and extent of catechin absorption and plasma antioxidant status. *Lubm Life*. doi:10.1080/15216549800204442

⁴GreenSelect Phytosome for Borderline Metabolic Syndrome. (n.d.). Retrieved from <http://www.hindawi.com/journals/ecam/2013/869061/>

⁵Menghi, A. B., Barreca, A., Lucarelli, M., & Calandrelli, A. (0). GreenSelect® Phytosome as an Adjunct to a Low-Calorie Diet for Treatment of Obesity: A Clinical Trial.

⁶Unpublished study. Research and Development Department, Oryza Oil and Fat Chemical Company, Ltd. 2014 May 12.

⁷Unpublished study. Research and Development Department, Oryza Oil and Fat Chemical Company, Ltd. 2014 March 1.

Sold Exclusively Through Healthcare Practitioners.

020086E.180 (180 Capsules)



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